

Contact us:



If you would like any more information about Forest School please contact us on 01246 275111 We would be happy to answer any questions about the sessions or activities that we carry out in them.



Ashgate Croft Forest School



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Lesley Burton and Jane Corton

What is Forest



Forest School is a method of working in the woods with students by focusing on their needs and using the natural environment to encourage their social and emotional development.

Why is Forest School such a great Opportunity?

1. Research has shown that learning that takes place in the outdoors is more memorable and powerful as it involves all the senses.
2. Students are able to develop their communication language, social and emotional skills and physical skills.
3. They learn to respect and appreciate the countryside and the natural environment.
4. The activities available will range from creative activities, using a variety of tools, fire lighting and cooking over an open fire as well as many other nature based activities

How are students kept safe?

There is always a Forest School leader who is trained in out door first aid who will have assessed the risks in the woods that day. In the event of a more serious accident the Forest School session will end and the leader will deal with the incident according to school policy .

Students are shown the boundaries of the outdoor learning space and are given detailed training on all activities before they take part.

How can you help?

You will need to sign a consent letter to allow your child to attend.



Please try to send them in clothing appropriate to the weather.

Cancellation.

Forest School will only be cancelled in extreme weather if the site is deemed unsafe or if there are not enough adults to accompany the children, in which case woodland activities will be provided inside school.

Behavior

Behavior is supported in line with the students individual behavior plans and school policy. However, we reserve the right to exclude a child from attending Forest School if their behavior is deemed to be dangerous.

Clothing

Students will need to bring a set of clothes and footwear suitable for outside and a change of clothes and footwear for after the session as they



About each session.

Students will be in the Forest School area for about two hours each time.

The session usually starts with an opening discussion around the circle. Then the activities available are explained and any safety training given to them.

Students will then freely choose what they would like to do and the session closes with music and singing followed by reflection and evaluation around the fire circle.

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