

## Specialist Children's Services Present:

**Information Sessions for parents and carers of children/young people with Learning Disabilities and/or Autism Spectrum Disorder, who live in North Derbyshire**

### **Managing Restricted Eating**

Monday 25<sup>th</sup> February, 2019. 9.30 – 12.00.  
Fairplay, Alexandra Road West, Chesterfield, S40 1NP  
(Pay and display visitor parking in Mecca Bingo car park – please do not park on Alexandra Road West).

### **Self-injurious Behaviour**

Monday 25<sup>th</sup> March, 2019. 9.30am – 12.00  
Lecture Room B, Education Centre, Chesterfield Royal Hospital  
(Park in visitor car parks 5 or 6)

### **Managing Sleep Problems**

Friday 5<sup>th</sup> April, 2019. 9.30am – 12.00  
Fairfield Sure Start Centre, Victoria Park Road, Buxton SK17 7PE  
(Car parking available on site).

**These information sessions aim to support parents/caregivers of young people who have a diagnosis of Moderate to Severe Learning Disability and/or Autism Spectrum Disorder. Foster Carers should access our Professionals Seminars, which will be more relevant.**

**For all sessions, please arrive at 9.15am for registration and tea/coffee (which will be provided).**

If you are interested in attending a workshop, or have any questions, please contact:  
01246 514523 or email us on [CRHFT.camhsadmin@nhs.net](mailto:CRHFT.camhsadmin@nhs.net)

***Please note, current and future information sessions are advertised on***  
[www.camhsnorthderbyshire.nhs.uk](http://www.camhsnorthderbyshire.nhs.uk)

**PLEASE BOOK EARLY AS PLACES ARE LIMITED**