

## **Derbyshire Young Carers**

### **What is a young carer?**

A young carer is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

### **Why do we need to identify them?**

- Often disadvantaged/ Pupil premium students
- On Ofsted's list of vulnerable groups (Ofsted Framework)
- Tend to underachieve/ poor attendance/ low aspirations/ likely to be NEET
- Often don't have access to health care/advice

### **What do Derbyshire Young Carers do?**

- Assessment of needs/ whole family assessment
- One to one support
- Groups/activities
- School support/ training
- Support with transition for Young Adult Carers aged 18-24
- Awareness raising
- Derbyshire Young Carers School Award – recognising good practice

### **Young Carers in Chesterfield**

- Currently supporting 27 Young Carers in Chesterfield
- Referrals come from some schools, social services, MAT team
- Support groups and activities are offered in the area
- Offering opportunity to obtain Derbyshire Young Carers School Award

### **What can the LCP do?**

- Raise awareness of Young Carers in discussions about safeguarding and vulnerable groups in your community
- Promote the Young Carers Service, training and awareness raising within schools and other settings
- Signpost families to the service
- Be aware of Young Carers' needs in families you work with and make sure they are accessing support and being given opportunities
- Provide support and advice to young carers in the families you work with
- Make links with the Young Carers Service if your service can work alongside us to support Young Carers in any way.

### **For more information please contact:**

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