



# Ashgate Croft School

## Homework Challenge!

### Level 1

Class: Upper 1

Term: Summer 6

Find pictures of your favourite singers or characters on google without help.	When eating notice how your teeth bite and chew your food.	Try a food you have not tried before.	Choose 2 things on a menu and work out the cost.
Point out your private rooms in your house (bathroom and bedroom).	Work with a family member to clean the kitchen.	Choose a healthy food in a shop.	Use a £5 or £10 note in a shop and wait for your change.
Point to unhealthy food when out shopping.	Find a packet of food with a label showing green for sugar content.	Direct an adult to find things in the kitchen cupboard.	Fill the kettle to the correct level.
Show an adult how you cross the road safely.	Direct a family member to a different room using left and right.	Find a packet of food with a label showing red for sugar content.	When walking in the countryside try to spot poo and guess which animal it may have come from!
Find out how long food should be cooked for by reading the packet.	Find the correct utensils needed to make dinner.	Help to put away the shopping.	Wash and dry the pots after dinner and put everything away in the correct place.
Practice throwing a ball as far as you can for a partner to catch.	Decide what you want to have for breakfast and add it to your family's shopping list.	Practice catching a ball.	Remember the green cross code.
Use a zebra and pelican crossing.	Join in a game of cricket or rounders.	Tell an adult what might be dangerous in the kitchen.	Push the trolley when in a supermarket taking care to avoid others.

Please try and complete at least one piece of homework with your child from each row.

Thank you for your support,

*Class Teacher*

