



Ashgate Croft School

Homework Challenge!

Level 1

Class: Upper 1

Term: Summer 5

Find out what time your favourite TV shows are on.	When eating notice how your teeth bite and chew your food.	Try a food you have not tried before.	Choose something on a menu and say how much it is.
Point out your private rooms in your house (bathroom and bedroom).	Set the table with the correct number of places.	Choose a healthy food in a shop.	Pay for a drink in a café using the correct money.
Point to unhealthy food when out shopping.	Find a packet of food with a label showing green for sugar content.	Sort out the cutlery.	Pay for something in a shop and wait for your change.
Show an adult how you cross the road safely.	Organise pots and pans by size.	Find a packet of food with a label showing red for sugar content.	When walking in the countryside try to spot poo and guess which animal it may have come from!
Help to prepare dinner.	Add up pound coins to pay for an item.	Help your family get the tins and packets out of the kitchen cupboards ready to make dinner.	Wash and dry the pots after dinner and put everything away in the correct place.
Practice throwing a ball as far as you can for a partner to catch.	Make your own breakfast or snack.	Practice catching a ball.	Remember the green cross code.
Use a zebra and pelican crossing.	Join in a game of cricket or rounders.	Tell an adult what might be dangerous in the kitchen.	Push the trolley when in a supermarket taking care to avoid others.

Please try and complete at least one piece of homework with your child from each row.

Thank you for your support,

Class Teacher